

First Person Plural My Life As A Multiple

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First Person Plural My Life

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"First Person Plural is an honest, courageous account that demystifies the lives of those who struggle with Dissociative Identity Disorder." Ellen Bass author of The Courage to Heal "First Person Plural is an incredibly important book. It is a testament to the resiliency of the human spirit."

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First Person Plural: My Life as a Multiple Mass Market Paperback - November 1, 1999 by Cameron West, Ph.d. (Author) 4.6 out of 5 stars 240 ratings

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Cameron West's "First Person Plural: My Life as a Multiple" is a New York Times, Publishers Weekly, & USA Today Bestseller about Dissociative Identity Disorder. The book was endorsed by Oprah Winfrey, reaching #1 on Amazon & Barnes & Noble and published in 22 countries. Available as E-

book and paperback. Buy The Book

First Person Plural

First Person Plural: My Life As A Multiple is a psychology-related autobiography written by Cameron West, who developed dissociative identity disorder (DID) as a result of childhood sexual abuse. In it, West describes his diagnosis, treatment, and personal experiences.

First Person Plural - Wikipedia

Written by Cameron West, First Person Plural is an outgrowth of the author's doctoral dissertation in psychology on the experiential aspects of dissociative identity disorder, more commonly referred to as multiple personality disorder. This autobiography, like some of the others reviewed here, is aimed both at professionals and at persons who suffer from the disorder.

First Person Plural: My Life As a Multiple Win the Battle ...

"First Person Plural is an honest, courageous account that demystifies the lives of those who struggle with Dissociative Identity Disorder." Ellen Bass author of The Courage to Heal "First Person Plural is an incredibly important book. It is a testament to the resiliency of the human spirit."

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Nor is achieving a sense of wholeness and peace necessarily accomplished by either placing blame on others or by forgiving those we perceive as having wronged us. It is achieved through understanding, acceptance, and reinvention of the self." — Cameron West, First Person Plural: My Life as a Multiple.

First Person Plural Quotes by Cameron West

Heartwrenching, humorous, and ultimately hopeful, First Person Plural is a story that will make you stand in awe of the power of the mind to protect itself and cheer for West as he struggles to gain control of his life. Accolades for First Person Plural: New York Times Bestseller Publishers Weekly Bestseller USA Today Bestseller #1 Amazon.com #1 Barnesandnoble.com Published in twenty-two foreign countries

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Tue, Nov 3, 2020, 06:31

